



February 21, 2011

# IVH Insights

## NEWS FROM VOLUNTEER SERVICES

by Diane Lemker

Each month our residents are treated to facility-wide bingo games thanks to several sponsoring groups. The members of these groups, with the help of many IVH volunteers, escort residents to the Atha Dining Room for bingo, provide assistance to residents who need help with their card and hand out the prize money they provide.

The following bingo games are held on a regular basis at 2 p.m.:

- 1<sup>st</sup> Friday – Waverly AMVETS Auxiliary
- 3<sup>rd</sup> Monday – VFW Department of Iowa
- 3<sup>rd</sup> Friday – Marshall County ALA
- 4<sup>th</sup> Wednesday – AMVETS Dept. of Iowa
- 4<sup>th</sup> Friday – VFW Auxiliary Dept. of Iowa

Special Bingo games:

3<sup>rd</sup> Wednesday of March & April at 2 p.m. – Tama County ALA

1<sup>st</sup> Tuesday of April & October at 7 p.m. – Lennox Management Club



## Commandant's Corner

It has been my intention to discuss my ability to adapt to Iowa's winters these last few months. Considering that it will be in the mid 40's today, it doesn't seem as appropriate as two weeks ago.

I grew up on the docks of Baltimore and while I am sure we had some harsh winters, I can't remember the snow being a big issue. We all walked to school back then and I don't recall school ever closing because of snow. When I think of snow, I think of skiing, not driving back and forth and moving huge piles out of the way. My wife, being from Michigan, was very excited about the winters we would experience here in Iowa. As you are aware, she is in the desert fighting sand flies and dust, not 9 inch snowfalls.

For those of you who have lived in Iowa, this has been a mild winter. For me, it has been a challenge. I never considered owning a snow blower before and I was forced to purchase one after our second snow storm. I have learned they are like motorcycles: once you get one; you want another one that's bigger and more powerful. As Tim "The Tool Man" said, "everything can be fixed with a little more horsepower."

I am glad that so far this has been a mild winter for Iowa. I am afraid this recent heat wave may be lulling me into a false sense of security. I see another blizzard in my immediate future. Well, I have chains for my pick-up and an adequate snow blower. I am ready.

*Commandant David Worley*

## Marvis Drew Completes Seventh Quilt for IVH

Marvis Drew will be retiring from the IVH sewing room at the end of March. She has helped with seven quilts for the IVH Service of Blessing and Farewell, a special service that allows family, residents, and staff to gather for a short time of prayer or reflection to honor a deceased IVH resident. A quilt is draped on the resident's remains and escorted to the funeral coach. The quilts designed and constructed by Marvis and a dedicated team of volunteers have become a tangible and highly-respected symbol of the care we provide to Iowa Veterans.

Pictured above is the latest quilt to be dedicated for the Service of Blessing and Farewell. The fabric was donated. Logo and design by Marvis Drew. Piece work by Anieta Davids and Sara Schwab. Hand-quilting by Sara Schwab (over 100 hours), Anieta Davids, and Marvis Drew.

After she retires from IVH, Marvis plans to continue designing the quilt logos at home as a volunteer.

## this issue

Performance Improvement P.2

Heinz Hall P.2

Nursing Department P.2

Admissions Department P.3

Resident & Family Services P.3

IT Department P.3

Calendar of Events P.4

Announcements P.4

Budget Update P.4



## Heinz Hall Update

by Billy McKay

The building looks the same, but many changes are occurring in Heinz Hall. More than 30 residents are receiving assistance with medication management. There are residents in wheelchairs living in Heinz Hall now. A large number of residents are now looking at returning to the community in the near future.

In order to accomplish this, many residents are furthering their education, taking classes offered by the staff at IVH, and applying for jobs on campus and in the community. Others are looking at low income housing, and services that are available in the community.

Both staff and residents are working at a hectic, stressful pace to make these changes occur. But with innovative thinking, support from administration, and a lot of hard work, remarkable changes are happening every day.

*IVH Insights* is a twice-monthly publication of the Iowa Veterans Home.

### Editor

Lisa Purvis—PR/Marketing

To submit news or questions, please email:

Lisa.Purvis@ivh.state.ia.us

Call ext. 4397 or  
send to PR/Mktg Dept.

## Performance Improvement – MDS 3.0 by Shannon McIntire

Since September 2010 the Interdisciplinary Resident Care Committees (IRCCs) have been busy learning a newly updated assessment tool required by the federal government. This tool is utilized during resident assessments at least every quarter for all residents living in the nursing buildings in Malloy, Sheeler, and Dack. Long term care nursing facilities are required to submit this assessment tool called the Minimum Data Set (MDS) 3.0 to the Centers for Medicare & Medicaid Services (CMS) on each resident residing in a Medicare or Medicaid certified bed regardless of the pay source.

In 1987, President Ronald Reagan signed into law the first major revision of the federal standards for nursing home care since the 1965 creation of both Medicare and Medicaid. This Federal Nursing Home Reform Act or OBRA '87 created a set of national minimum standards of care and rights for people living in certified nursing facilities.

The reform law provides an opportunity to ensure good clinical practice by creating a regulatory framework that recognizes the importance of comprehensive assessments as the foundation for planning and delivering care to this country's nursing home residents. This standardized approach is what clinicians have always been doing, or should have been doing, related to assessing, planning and providing individualized care for residents of nursing homes.

The MDS 3.0 has been designed to improve the reliability, accuracy, and usefulness of the MDS, and to include the resident in the assessment process. The Resident Assessment Instrument (RAI) including the MDS 3.0 helps nursing home staff look at residents holistically, as individuals for whom quality of life and quality of care are significant and necessary. Teams bring their combined experience and knowledge to the table in providing an understanding of the strengths, needs and preferences of a resident to ensure the best possible quality of care and quality of life.

Education began with all IRCC team members beginning in September 2010, one month prior to the newly updated 3.0 version going into effect October 1, 2010. Education is on-going as individual clinicians learn the definitions and intent of the questions within the MDS 3.0 tool in addition to the submission requirements.

Providing care to residents with long-term care needs is complex and challenging. It utilizes clinical competence, observational skills, and assessment expertise from all disciplines to develop individualized care plans for residents. IRCC teams are the foundation of IVH's mission to provide quality interdisciplinary care to residents so their optimum level of dignity, self-worth, wellness, and independence may be achieved.

## Nursing Department by Sarah Workman

In an effort to provide quality documentation, the Performance Improvement Committee has determined IVH will utilize a standardized documentation methodology for resident chart entries effective March 1, 2011. “**SOAP**” was the selected format.

**S = Subjective data.** What resident, staff, or family states.

**O = Objective data.** What is observed, seen, heard, touched, smelled. Would include such things as vitals, test results, general appearance, mental status, behavior exhibited, and health history.

**A = Assessment or analysis.** The

conclusion reached must reflect the staff's scope of practice. Assessment dictates the PLAN.

**P = Plan.** Includes recommendations, referrals, pending results, teaching.

SOAP charting is to be used for resident chart entries, excluding already utilized templates or forms such as history and physicals.

Recently, six training sessions were held with 212 staff attending. Additional sessions have been scheduled for February 28 in Whitehill from 1-2pm, 7-8pm, and 9-10 pm both days. Sign up using the on-grounds training request. Make-up packets will be available upon request.



## Admissions Update *by Doug Freeman*

This week, staff from the Marshalltown Medical and Surgical Center called to let me know how much they have appreciated the quick response to admitting local veterans who are hospitalized and are in need of nursing home placement. They shared that it wasn't that long ago that they would need to first find community nursing home placement while the application process was underway for admissions to the Veterans Home.

The result is a better transition for the applicant and eliminates the need for another placement prior to admission to this facility. This quicker process has required that all of us focus on the needs of the applicant and find the most efficient and effective ways to accomplish the required tasks without sacrificing quality.

I wanted to take this opportunity to also thank all of you here at IVH who continue to make this possible; this truly is a team effort. We have admitted 13 residents so far for the month of February; of that number, seven were admitted within two days or less of IVH receiving the application.

The Iowa Veterans Home continues to provide the highest quality of care in the industry and that only is possible because of all of you. Thank you for your contribution to the mission of the Iowa Veterans Home, **"Caring: our only reason for being."**



On Friday, Kandie Vaughn (of Reinbeck) delivered a UHaul truck full of donations (clothing, toiletries, games, etc) for IVH residents. This donation drive for IVH is in memory of her step-son, Specialist Travis R. Vaughn, who died February 18, 2007, in southeastern Afghanistan when his MH-47E Chinook Helicopter crashed while conducting operations in support of Operation Enduring Freedom.

*Pictured left: Commandant Worley and Kandie Vaughn.*

## Technology Department *by Rob Buchwald*

It is a pleasure for me to announce that Information Technology has a hero on staff.

Carl Trask has been selected as a recipient of the 2011 American Red Cross "Heroes of the Heartland" award.

On June 18<sup>th</sup> 2010, Carl, along with John Sellers of Des Moines, rescued a woman trapped in a vehicle that was sinking in a drainage ditch next to Iowa Highway 330 north of Bondurant. Carl waded into chest high water and pulled her to safety. In addition, Carl is credited with making the 911 call for emergency responders.

The American Red Cross will honor Carl and other recipients of the Heroes of the Heartland award with a "Heroes Breakfast" ceremony on March 3<sup>rd</sup>,

which will include video presentations of the recipients describing their acts of heroism.

Carl has also been mentioned on Newsradio WHO 1040 AM - Van and Bonnie.

Please congratulate Carl when you get an opportunity.

Carl stepped up to the plate when many would have stood on the sidelines.



*Carl Trask*

## RESIDENT & FAMILY SERVICES

*by Renee Akers*

The Resident and Family Services Department consists of Social Workers and Chaplains. Our Chaplains, Craig Nelson and Angela Doty are full-time and their offices are part of the Resident and Family Services Department on the main floor of the Dack building. The two chaplains share over 16 years of IVH experience.

The following social workers are located throughout the facility:

*Tedra Henze, M4S  
Lisa Blabaum, M4N  
Julie Cole, M3S  
Noreen Moore, M3N  
Doug Moberly, M2S  
Nikki Pansegrau, M2N  
Stan Overstake, S3  
Robby Corum, S2  
Dave Winjum, D2  
Renee Aker, D3  
Connie Paxton, D4  
Sue Sumpter, Secretary*

The social workers have over 160 years of combined experience at IVH and have been very involved in resident centered-care and resident rights. We have offices on or near the units on which we serve. Social workers are present at IVH in other departments. Our job description is vast.

Check out future editions for more specifics!



## IVH Website Calendar

Submit your event information on the IVH website calendar. It's quick and easy and the calendar is available to staff, residents, and the community. Log on to [www.iowaveteranshome.org](http://www.iowaveteranshome.org) and click on "Calendar" to begin.

## Upcoming Events

Day	Date	Time	Event	Location
Tues	2/22	1:00 pm	IVH Resident Choir performs	Malloy 2N
Wed	2/28	1-2 pm	SOAP Documentation Training	Whitehill
		7-8 pm	SOAP Documentation Training	Whitehill
		9-10 pm	SOAP Documentation Training	Whitehill
Tues	4/12	8am-4:30pm	"Mental Health Issues in Long Term Care and Geriatrics" Symposium	Whitehill

## Announcements

**Attention all AFSCME Local 2984 members:** we are once again accepting applications for our college scholarship. Qualification for the scholarship include: be the child or grandchild of a current AFSCME Local 2984 member and be a senior in high school. There are two scholarships available; first place is \$500 and second place is \$250. Applications are being accepted from March 31 – May 1, 2011. The applications are available from all Local 2984 officers. Lists of officers are posted in all AFSCME locked bulletin boards in each building on the main floors.

Check out the Opheum Theater Center and their movie schedule on their website at [www.opheumcenter.com](http://www.opheumcenter.com).



The Family of Glenn Myers would like to thank everyone who came to Glenn's Visitation and Funeral. We would also like to thank everyone for the flowers, cards and donations. IVH is like an extended family to me and everyone here is so thoughtful and caring. It was at very hard to go through something like that, but knowing that I had the support of people here really helped a lot. Thank you all so very much. Joyce Myers

**Thank you** to whoever left the BEAUTIFUL violin in my office last night with an anonymous note. It's gorgeous!!! I can't wait to get all the repairs done on it (which I think will be fairly simple) and start playing it!! And I know there are many residents who will truly enjoy listening to the gentle sounds of a violin. You truly ROCK!!!! Kim Marsh

## Business Services Update *by Greg Wright*

Below is the state appropriation budget the Governor has recommended for the Iowa Veterans Home for the next two fiscal years:

### Governor's Recommendation

#### Iowa Veterans Home Operating Budget:

	FY12	FY13
Status Quo Appropriation FY11	\$9,630,846	\$9,630,846
Budget Cut January 2011	(\$678,695)	(\$678,695)
	\$8,952,151	\$8,952,151
Fox Building open 12 months	\$1,256,549	\$1,256,549
Ulery Building open 12 months		\$1,301,128
Governor's Recommendation	\$10,208,700	\$11,509,828

### Capitals:

Generator upgrades

\$750,000